



Best Practice II  
2018-23

DR. MOHAMMED NAJEEB MEMORIAL  
**PACE SPORTS  
ACADEMY**



**AMAL COLLEGE OF ADVANCED STUDIES**  
Myladi, Eranhimangad Po, Nilambur, Kerala – 679329

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NAAC Accredited with A Grade | Run by Nilambur Muslim  
Orphanage Committee

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# PACE SPORTS ACADEMY

## INTRODUCTION



The academy provides comprehensive coaching for students of each category. It is a talent development system designed to help one become the best athlete or player one can be in a chosen game or sport. Through its Adoption Scheme, it collaborates with local schools and hosts Matches and has achieved notable success, producing International, National, and State players in Softball, Baseball, and Soft-Baseball. It provides effective, safe and transparent human performance training to develop players.

Since the institution situates in a backward village of Malappuram District, the institution realises the need of sports in rural area as it goes beyond physical activity and they contribute significantly to the overall well-being of the community and development of these regions, the institution provides ample training to the students of institution and the students of neighborhood through the PACE Sports Academy, a tribute to Dr. Mohammed Najeeb.



As sporting culture at the grassroots is the need of hour, it aims to identify the talents of the students in the neighbourhood and provide them training in various sports and games. Realising the difficulties like shortage of coaches and the equity gap in sports, Pace Academy focuses the central mission of empowering the vulnerable groups through rigorous and recurrent coaching by the department of Physical Education.



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**PACE SPORTS ACADEMY**  
**TITLE**



The academy has been renamed as Dr. Mohamed Najeeb PACE Sports Academy after the demise of the Dr. Mohamed Najeeb, the Head of the Department of Physical Education.



Pace Sports Academy is an initiative of Amal College of Advanced Studies under the Department of Physical Education in order to contribute to various aspects of community development, health, social cohesion and discipline among the students of institution and institutions of neighborhoods.

The academy which has been come forth in 2018 which aims at enhancing the interest of the students in sports and games and providing them adequate training for high level performance.



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## PACE SPORTS ACADEMY

# OBJECTIVES

**01**

Recognise and nurture the talent that exists in the students of rural Nilambur and the students of the institution through professional and high quality training and infrastructure

**02**

Reinstate sports as a tool to empower women and the socially and economically vulnerable groups.

**03**

Identify students at grassroots level and provide them keen coaching to bring out the best potential out of them.

**04**

Creating an environment that focuses on the physical, mental and emotional wellbeing of players by adopting training methods from basic to advanced level.

**05**

Offering competitive platforms of Premier League Matches where athletes can showcase their skills, teamwork and Sportsmanship and Producing State, National and International players irrespective of sex, caste and social class.



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**PACE SPORTS ACADEMY**  
*PRACTICE*



The Academy is constituted by a body of members including Patron of the institution as the chairman and Principal as the convenor. The other members included in the body are Head of the Department of Physical Education, IQAC members, select faculty members and student representatives. The best practice of the institution, the Pace Sports Academy chooses the neighbouring schools under adoption scheme, where the interested and talented school children are selected to get trained under the academy.

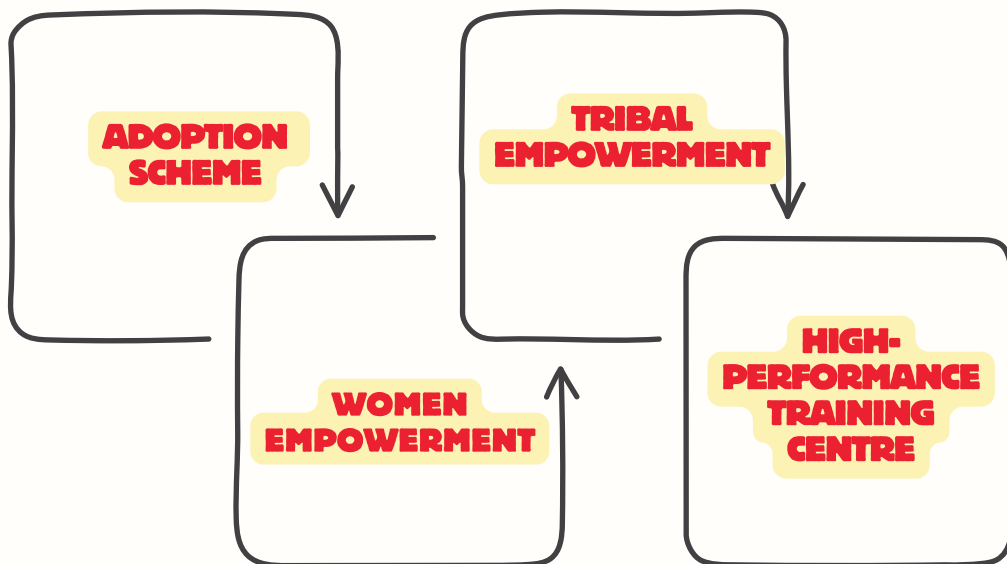


The department of Physical education provides trainers for the skill training at grass root level. The children who belong to the age group of 8-18 are focused as beneficiaries of the training. As these children reside in socially and economically backward area, affording themselves a high quality sport training is unimaginable. Here, the Pace Academy of the institution ignites the fire in these talented children and strives to fulfil their dreams and aspiration.

The games on which the academy focus are Soft ball, Base ball and Soft base ball. The academy has tailored programs with great mentors for the sporting needs as beginner, intermediate and professional level considering the age group and the sport they choose. After intense training and participating in several national and international matches, these talented youngsters for are being acquired by the institution for further studies and sports. By masteringskills in interested game, the children are free to leave the academy and pursue their studies in colleges which they prefer. One of the notable activity hosted by the academy is MLB, Master League Baseball for under 10, under 11, under 12 category which is conducted by direct officials from USA to promote the sport and game culture in India. The practice and progress are often evaluated by the visiting experts from University. It ensures district, state, national and international level participation of juniors and sub juniors category.



*The academy moves ahead through the following methods*





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## PACE SPORTS ACADEMY

# Focal Areas

01

### High-Performance Training Centre

Empowering athletes to reach their full potential through skill development and personalized attention.

02

### Adoption Scheme

Partners with local schools, offering comprehensive sports training programs to empower young athletes for excellence in their chosen sports

03

### Tribal Empowerment

Aiming to empower underprivileged children in remote areas through sports.

04

### Women Empowerment

Strives to break barriers, promote equality, and instill a sense of confidence and strength.

# PACE SPORTS ACADEMY

## *Focal Areas*

### **ADOPTION SCHEME**

Pace Sports Academy proudly supports its community by partnering with five local schools in the neighborhoods.

Through this initiative, we offer a range of sports and games training programs, from basic fundamentals to advanced techniques. Our goal is to empower young athletes with the skills and knowledge they need to excel in their chosen sports. The academy has adopted the following schools:

1. Catholicate Higher Secondary School, Pothukal
2. Govt. Girls Vocational Higher Secondary School, Wandoor
3. AHSS Parel Mampattumoola
4. KMSS Karulai
5. AUP School, Njettikulam

### **TRIBAL EMPOWERMENT**

Regular and consistent coaching camps are offered on a daily basis to players by our academy, ensuring they receive top-notch training under the guidance of expert and certified coaches. Our dedicated team is committed to nurturing talent, honing skills, and fostering a spirit of sportsmanship. Through structured programs and personalized attention, we strive to empower athletes to reach their full potential.

### **HIGH-PERFORMANCE TRAINING CENTRE**

In a dedicated effort to promote sports within underprivileged communities, our academy in collaboration with Malappuram District Softball Association has launched coaching camps in tribal developmental schools. Coaching camps are initiated in tribal development schools in Vaniyampuzha, Iruttukuthi and Kumbalappara. We believe in the transformative power of sports, and by extending our expertise to these schools, we aim to provide opportunities for children in remote areas to discover and nurture their athletic talents.

### **WOMEN EMPOWERMENT**

Regular and consistent coaching camps are offered on a daily basis to players by our academy, ensuring they receive top-notch training under the guidance of expert and certified coaches. Our dedicated team is committed to nurturing talent, honing skills, and fostering a spirit of sportsmanship. Through structured programs and personalized attention, we strive to empower athletes to reach their full potential.







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# PACE SPORTS ACADEMY

## The Process



### Adoption of School

Identify schools near to the campus and discussing the best practice with the school authority and interested students. Finalizing the school and adopting the school for the Best Practice.



### Identifying and Training Prospects

After finalizing the selection of school, the next step is to select students. Selection trials will be conducted in the school and select the students. Then start the training programme for the selected students.



### Acquiring to the College

When students qualify twelfth standard the college will provide admission for them in the sports quota. This may help them to get higher degrees in the career. A trained pool of students will give greater advantage for the college for university and inter university matches.



### Participation in District, State, National and International Level Matches

Selected students will be sent to District, State, National and International matches. The process may help them to get more time for training as they join the scheme in the school days itself. This strategy may help the college to overcome the issue of time constraints for training.





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PACE SPORTS ACADEMY  
GAMES FOCUSED



### Soft Ball

To promote female students to participate in sports activity, the college choose this game as a focused one in this Best Practice.



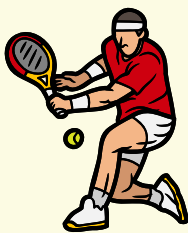
### Base Ball

Base Ball, Soft Ball and Soft Baseball is relatively identical game, and it is easy for the college to provide the facility.



### Soft Baseball

Soft Baseball is related with games like Soft Ball and Baase Ball and it gives more flexibility and focus to develop this game.



### Tennis

Lone tennis is a very popular international game. The facilities available in the campus is suitable for the game.



### Soft Tennis

This game is related to tennis and is more suitable for female students and help the college to sahere the facilities.



### Drop Roball

A new game with lot of potential and growth. The facilities available in the institution is suitable for this game.

# Evidence of Success

**06**



## International Players

02 Softball and  
04 Soft Baseball

**51**



## National Players

2 Baseball, 3 Softball,  
10 Soft Baseball, 22  
Drop Roball, 4 Hocket,  
3 Six A Side Cricket, 4  
Taekwondo, 3 Soft  
Tennis.

**112**



## State Players

24 Baseball, 15 Softball,  
16 Soft Baseball, 48  
Drop Roball, 2 Tennis,  
2 Taekwondo, 3 Soft  
Tennis, 1 Athletics, 1 Net  
Ball.

**16**



## Inter University Players

1 Baseball, 1 Softball, 4  
Soft Baseball, 5 Drop  
Roball, 3 Tennis,  
2 Soft Tennis.

**427**



## Inter Collegiate Players

64 Baseball, 65 Softball,  
32 Soft Baseball, 26 Drop  
Roball, 15 Tennis,  
10 Taekwondo, 10 Soft  
Tennis, 60 Athletics, 30  
Net Ball etc.

**05**



## Inter Collegiate Championships

Tennis (M),  
Soft Tennis (M),  
Drop Roball (M&W),  
Soft Baseball (W).

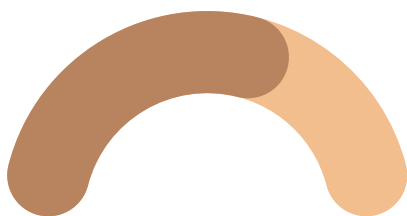
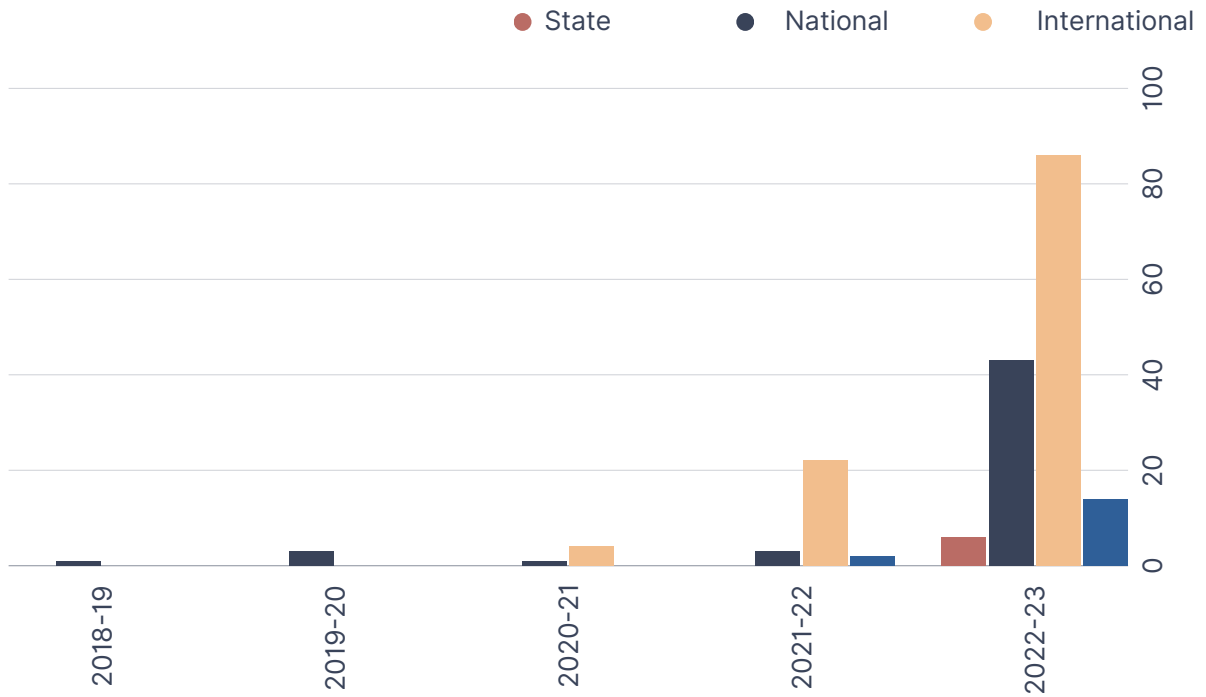


# PACE SPORTS ACADEMY

## Achievement Statistics

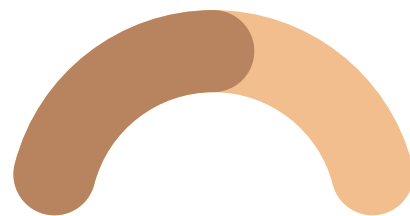


## Students Achievement Statistics



**Male- 66% Female- 34%**

**Total Participation**



**Male- 58% Female- 42%**

**Achievement**



PACE Academy

# ARSHA SATHYAN

Indian Player: Softball (2022-23)

## About

Arsha Sathyan, a student of Economics Department in Amal College of Advanced Studies, represented for India in South Asian Women Softball Championship held at Incheon, South Korea.

## The Path

She joined PACE academy in 2016 in her 8th grade from Catholocate Higher Secondary School, Pothukallu, as a beginner and later in 2021 she joined Amal College in the Department of Economics for BA Economics and Foreign Trade.

## Achievements

-  ASIAN SOFTBALL CHAMPIONSHIP INCHEON, SOUTH KOREA  
2022-23
-  ALL INDIA INTER UNIVERSITY SOFT BASEBALL CHAMPIONSHIP  
2021-22 (RAJASTHAN)  
2022-23 (KERALA)
-  NATIONAL SOFTBALL SCHOOL GAMES  
2018-19(CHHATTISGARH)  
2019-20(CHANDIGARH)
-  SUB JUNIOR NATIONAL SOFTBALL CHAMPIONSHIP  
2019-20 (ODISHA)

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# DR. MOHAMMED NAJEEB MEMORIAL PACE SPORTS ACADEMY

## About

ATHULYA KA, a student of Economics Department in Amal College of Advanced Studies, represented for India in South Asian Women Softball Championship held in Incheon, South Korea.

## The Path

She joined PACE academy in 2016 in her 8th grade from Catholicate Higher Secondary School, Pothukallu, as a beginner and later in 2021 she joined Amal College in the Department of Economics for BA Economics and Foreign Trade.

## Achievements

 ASIAN SOFTBALL CHAMPIONSHIP  
INCHION,  
SOUTH KOREA (2022-23)

 SENIOR NATIONALS BASEBALL  
CHAMPIONSHIP  
PUNJAB (2022-23)

 JUNIOR NATIONAL SOFT  
BASEBALL CHAMPIONSHIP  
MADHYA PRADESH (2022-23)

 JUNIOR NATIONAL BASEBALL  
CHAMPIONSHIP.  
GUJARAT (2020-21)



# ATHULYA KA

Indian Player: Softball (2022-23)

Amal College of Advanced Studies

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# PACE SPORTS ACADEMY


## About


Athul Krishnan, a student of Economics Department in Amal College of Advanced Studies, represented for India in South Asian SoftBase Ball Championship held in Bhutan.

## The Path

He joined PACE academy in 2017 from Catholicate Higher Secondary School, Pothukallu, in his 8th grade as a beginner and later in 2022 he joined Amal College in the Department of Economics for BA Economics and Foreign Trade.

## Achievements

 SOUTH ASIAN SOFT BASEBALL GAMES  
BHUTAN (2022-23)

 YOUTH NATIONAL SOFT BASEBALL CHAMPIONSHIP  
KERALA (2022-23)

 KERALA STATE SUB JUNIOR BASEBALL CHAMPIONSHIP  
KERALA (2019-20)

 KERALA STATE SUB JUNIOR BASEBALL CHAMPIONSHIP  
KERALA (2017-18)



# ATHUL KRISHNAN

Indian Player: Soft Baseball 2022-23

Amal College of Advanced Studies



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# PACE SPORTS ACADEMY

## About


Muhammed Swalih P S, a student of DCMS in Amal College of Advanced Studies, represented for India in South Asian SoftBase Ball Championship held in Bhutan.

## The Path


He joined PACE academy in 2015 in his 8th grade from Catholicate Higher Secondary School, Pothukallu, as a beginner and later in 2020 he joined Amal College in the Department of Commerce and Management Studies for BCom.

## Achievements

 SOUTH ASIAN SOFTBASEBALL  
GAMES  
BHUTAN (2022-23)

 SENIOR & YOUTH NATIONAL  
SOFTBASEBALL CHAMPIONSHIP  
KERALA (2022-23)

 SENIOR SOUTH ZONE NATIONAL  
SOFTBALL CHAMPIONSHIP  
TELUNGANA (2023-24)

 KERALA STATE YOUTH  
SOFTBASEBALL CHAMPIONSHIP  
KERALA (2022-23)

**MUHAMMED SWALIH. P. S**

Indian Player:  
Soft Baseball (2022-23)

Amal College of Advanced Studies

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# PACE SPORTS ACADEMY

## About

Amrutha K, a student of DCMS in Amal College of Advanced Studies, represented for India in South Asian Softball Championship held in Busan, South Korea.

## The Path

She joined PACE academy in 2020 from GMHSS, Thenjippalam in her 11th grade as a beginner and later in 2022 she joined Amal College in the Department of Commerce and Management Studies for BBA.



# AMRUTHA K

Soft Baseball Indian Player (2022-23)

## ACHIEVEMENTS



SOUTH ASIAN SOFTBASEBALL  
BHUTAN 2022-23



YOUTH NATIONAL SOFTBASEBALL  
MAHARASHTRA 2022-23



NATIONAL JUNIOR SOFTBASEBALL  
MADHYA PRADESH 2022-23



STATE SENIOR BASE BALL  
KERALA 2022-23

Amal College of Advanced Studies

Dr. MOHAMMED NAJEEB MEMORIA

# PACE SPORTS ACADEMY

## About

Amal VP, a student of DCMS in Amal College of Advanced Studies, represented for India in South Asian Soft baseball Championship held in Bhutan.

## The Path

He joined PACE academy in 2017 in his 8th grade from Catholicate Higher Secondary School, Pothukallu, as a beginner and later in 2022 he joined Amal College in the Department of Commerce and Management Studies for BCom.

## AMAL VP

INDIA PLAYER; SOFTBASEBALL (2022-23)

## ACHIEVEMENTS

 ASIAN SOFTBASEBALL CHAMPIONS  
BHUTAN (2022-23)

 JUNIOR SOFT BASEBALL  
CHAMPIONSHIP  
MADHYA PRADESH (2022-23)

 STATE BASEBALL CHAMPIONSHIP  
KERALA (2022-23)

 STATE SUB JUNIOR BASEBALL  
CHAMPIONSHIP  
KERALA (2022-23)



# INTERNATIONAL CERTIFICATES





# International Participation





# TRIBAL EMPOWERMENT





# WOMEN EMPOWERMENT





# HIGH-PERFORMANCE TRAINING CENTRE





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